



Penrith Bowling Club
(02) 4721 2515
info@penrithbowling.com.au

BISTRO HOURS

SUNDAY TO THURSDAY:

11:00AM - 2.30PM | 5.00PM - 8.30PM

FRIDAY & SATURDAY:

11:00AM - 2.30PM | 5.00PM - 9.00PM

SOMETHING TO BEGIN**M / NM****GARLIC BREAD** **\$8/\$10**

Add cheese +\$2

COB LOAF **\$12/\$14**

Crunchy cob loaf filled with creamy corn relish filling, topped with trio of cheeses

BRUSCHETTA **\$14/\$16**

Toasted focaccia topped with heirloom tomatoes, red onion, basil, balsamic and EVO

LOADED FRIES **\$15/\$17**

Loaded with crispy bacon & mozzarella cheese

BUFFALO WINGS **\$16/\$18**

Chicken wingettes (8) with a spicy buffalo sauce

CALAMARI **\$17/\$19**

Lightly seasoned flash fried calamari w/ lemon & tartare sauce

CHICKEN SATAY SKEWERS **\$20/\$22**

Served w/ fragrant jasmine rice

PRAWN HOT POT **\$22/\$24**

BBQ Prawns (6) in a chilli & garlic infused napoletana sauce w/ a slice of garlic bread

SALADS**M / NM**

Add Chicken +\$6.0 / Add Prawn +\$8.0

ROASTED PUMPKIN **\$17/\$19**

Wild rocket, pearl barley, beetroot, feta, semi dried tomato & walnuts tossed in a honey dressing

CAESAR **\$20/\$23**

COS lettuce, poached egg, croutons & bacon tossed in a caesar dressing w/ shaved parmesan cheese

WARM LAMB **\$24/\$27**

Mixed leaf lettuce, cucumber, tomato, onion, peas, sweet potato fries & fetta cheese tossed in a greek dressing

COCONUT CRUMBED PRAWNS (5) **\$25/\$27**

Mixed leaf lettuce, heirloom tomato, cucumber, red onion, diced avocado & coconut crumbed prawns tossed in a lemon aioli dressing

THAI BEEF **\$26/\$28**

Mixed leaf lettuce, cucumber, tomato, fried shallots, mint, coriander & onion, topped with a 200g sliced rump steak cooked medium tossed in our Thai dressing

SPECIAL DIETARY REQUIREMENTS:

Our chefs are more than happy to adjust meals to suit your dietary requirements. Dairy free and Gluten Free options available for all meals. Please speak to our friendly staff.

MAINS**M / NM****PULLED BEEF BRISKET NACHOS** **\$18/\$20**

Corn chips, charred corn salsa, guacamole, sour cream, and cheese

CHICKEN SCHNITZEL **150G \$19/\$21**
250G \$24/\$26

Add Topper +\$6

Parmi - Ham, Napoletana Sauce & Cheese

BBQ Texas - Bacon, Onion Rings, BBQ Sauce & Cheese

Hawaiian - Napoletana Sauce, Ham, Pineapple & Cheese

BEEF RISSOLES **\$21/\$23**

On a bed of mashed potato w/ vegetables & gravy

BANGERS & MASH **\$22/\$24**

Beef sausages on a bed of mashed potato w/ peas & gravy

LAMB SHANK **\$24/\$26**

Mashed potato, peas & Jus

CRUMBED LAMB CUTLETS **(2) \$27/\$29**
(3) \$30/\$33

Mashed potato, peas & gravy

CHICKEN ROULADE **\$28/\$31**

Chicken breast stuffed with brie cheese & mushroom duxelles w/ chat potato, beans & a dill cream sauce

ROAST OF THE DAY **SM \$17/\$19**
LG \$22/\$24

Roast Vegetables, peas & gravy

Add a dinner roll +\$2

SEAFOOD**M / NM****FISH & CHIPS** **\$22/\$24**

Beer battered fish w/ chips, salad, lemon & tartare sauce

SATAY PRAWNS **\$22/\$24**

BBQ Prawns with chefs satay sauce on a bed of Jasmine rice

PRAWN SKEWERS **\$22/\$24**

On a bed of Jasmine rice & topped with a creamy garlic sauce

SEAFOOD PLATE **\$32/\$34**

Battered Flathead fillet, barramundi fillet, salt & pepper calamari & BBQ Prawns w/ sweet potato fries, salad, lemon, tartare & sweet chilli sauce

PAN SEARED BARRAMUNDI **\$32/\$35**

Chat potato, beans & hollandaise sauce

CRISPY SKIN SALMON FILLET **\$35/\$38**

Wiltered baby spinach, grilled cherry tomato & chat potato w/ avocado salsa with a lime aioli

Pricing M Members NM Non Members

FROM THE CHARGRILL M / NM

GRILLED CHICKEN \$28/\$30
Chicken breast topped with creamy boscaiola sauce w/ mashed potato & veg

MIX GRILL \$40/\$44
150g Scotch fillet, smoked beef brisket, beef sausage, chicken wings, bacon, sauteed mushroom & grilled tomato w/ coleslaw, pickles, chips, toasted pita bread & smokey bbq sauce

RUMP STEAK 200G \$26/\$28
w/ salad and chips 300G \$32/\$34

SCOTCH FILLET \$46/\$49
300g w/ salad and chips

TOP SIRLOIN TAGLIATA \$29/\$31
200g with BBQ prawns and tomato sugo w/ salad & chips

PASTA M / NM

Add a side of garlic bread for \$2

BOSCAIOLA RIGATONI \$24/\$26
Linguini in a creamy bacon, mushroom & shallots sauce w/ parmesan cheese

BOLOGNESE LINGUINI \$25/\$27
Rich pork and veal mince with rosemary, oregano, garlic in a sugo sauce topped with grated parmesan cheese

LAMB RAGU FETTUCCINE \$26/\$29
Tender slow cooked Lamb shoulder in a rich tomato & vegetable braised stock

At Roll Up Bistro we pride ourselves on serving the freshest & finest quality of meals. Each meal is made to order & with love. In Order to provide such high quality of food we ask you to kindly be patient as waiting times may vary, especially during peak times. Thank you.



BURGERS M / NM

All burgers served with chips

CHEESEBURGER \$20/\$22
Beef patty, cheese, onion, tomato sauce, mustard and pickles

BEEF BURGER \$22/\$24
Beef patty, lettuce, onion, tomato, house bbq sauce and cheese

KAHUNA BEEF BURGER \$24/\$26
Beef brisket patty, grilled pineapple, bacon jam, burger cheese, bacon and bbq sauce

THE TEXAN BURGER \$24/\$26
Beef brisket patty, burger cheese, bacon, battered onion rings and smokey bbq sauce

BIG BOSS BURGER \$26/\$28
2 150g Chicken Schnitzels, lettuce, cheese, tomato and mayo

CHICKEN SCHNITZEL BURGER \$20/\$22
150g Chicken Schnitzel, lettuce, cheese, tomato and mayo

SOUTHERN FRIED CHICKEN BURGER \$23/\$25
Southern coated thigh chicken fillet, shredded lettuce, tomato, bacon and mayo

STEAK SANDWICH \$25/\$27.5
150g rump steak, , tomato relish, lettuce, onion, tomato, burger cheese and bbq sauce on turkish bread

SIDES	M / NM
COLESLAW	\$7/\$8
SIDE GARDEN SALAD	\$8/\$10
STEAMED VEGETABLES	\$8/\$10
POTATOES W/ GARLIC BUTTER	\$8/\$10
Chat Potatoes with garlic butter	
MASHED POTATO	\$8/\$10
CHIPS W/ AIOLI	\$9/\$10
SWEET POTATO FRIES	\$12/\$14
WEDGES	\$12/\$14
w/ Sour Cream & Sweet Chilli Sauce	
SAUCES	\$2
Mushroom, Pepper, Diane, Gravy	

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KIDS MEAL

M / NM

KIDS FISH & CHIPS \$10/\$12

KIDS NUGGETS & CHIPS \$10/\$12

KIDS LINGUINE BOLOGNESE \$10/\$12

KIDS CHEESEBURGER & CHIPS \$10/\$12

DESSERTS

M / NM

SWEET WAFFLE \$7/\$8

Chocolate Belgium waffles with sliced strawberries & vanilla ice cream

ASSORTED CAKES \$8/\$9

Cake slice served with your choice of cream or Ice-Cream

CAKE & COFFEE COMBO \$12

CRÈME BRÛLÉE \$10/\$12

With mascarpone cheese and raspberries

FUNNEL FRIES \$10/\$12

With Belgium chocolate, ice cream & berries

STICKY DATE PUDDING \$10/\$12

With vanilla ice cream and butterscotch sauce

ICE CREAM (PER SCOOP) \$2.5

Vanilla Ice-Cream served with your choice of chocolate, caramel or strawberry topping

**PLEASE CHECK OUR
DAILY SPECIALS BOARD**



ROLL UP BISTRO

BOWLO CAFE MENU 11:00AM - 2:30PM ONLY

M / NM

All savoury items served with chips

COUNTRY CHICKEN WRAP \$15/\$17

Country chicken and avocado, mayonnaise, lettuce & cucumber & chips

BACON & EGG CHEESE ROLL \$15/\$17

Crispy bacon and fried egg with jack cheese & chips

SMASHED AVOCADO \$15/\$17

Served on Turkish bread w/ fetta crumble & red radish

BLT ON TURKISH BREAD \$15/\$17

Crispy bacon, lettuce, tomato, aioli & chips

VEGETARIAN WRAP \$15/\$17

Mushroom, baby spinach, roasted pumpkin, cream cheese & sweet potato fries

FISH COCKTAILS \$14/\$16

Crispy battered fish cocktails with chips & tartare sauce

GRILLED FISH FILLET \$15/\$17

Grilled fish fillet with salad & chips

SWEET WAFFLE \$7/\$8

Chocolate Belgium waffles with sliced strawberries & vanilla ice cream

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